



At Marais Viljoen we take extreme pride in our athletics. We compete in the first and last terms of the year with our own athletics club competing and training during the second and third terms. Our aim is to give an opportunity to as many athletes as possible to compete on the highest level. Our athletics team consists of 200 athletes.

Ons kondisionerings program word gehardloop deur AB Biokinetics en afrigters word ondersteun deur buite afrigters in 6 items.

Ons neem jaarliks aan die Tuks Top 10, Noordheuwel Top 15, NWU Top 30 en groep 3 van die makro skole atletiek Inter hoër deel om sodoende te kompeteer teen van die beste atletiek skole in die land.

Die suksesse spreek van self, waar daar in 2023 29 atlete aan 48 items aan die Gauteng kampioenskappe deelgeneem het.

7 of our prestige athletes participated at the SASA High schools athletics championships in 10 different events. We are extremely proud of Ahlynn Norman and Hayleigh Kinnear winning Gold at the championships in Longjump and Swedish relay!

Athletics greetings

Peet Janse van Vuuren

Head of athletics

